

HEAD START NOVEMBER BREAKFAST MENU 2024


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 English Muffin Fruit
4 W.G. Cereal Fruit	5 W.G French Toast Fruit	6 W.G Blueberry Waffle Fruit	7 W.G Bagel Yogurt Fruit	8 No School
11 W.G. Cereal Fruit	12 W.G Pancake Fruit	13 W.G. Toast Peanut Butter Fruit	14 W.G Blueberry Muffin Fruit	15 English Muffin Fruit
18 W.G. Cereal Fruit	19 W.G French Toast Fruit	20 W.G Blueberry Waffle Fruit	21 W.G Bagel Yogurt Fruit	22 W.G Toast Peanut Butter Fruit
25 No School	26 No School	27 No School	28 No School	29 No School

<p style="text-align: center;">THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p style="text-align: center;">MENU SUBJECT TO CHANGE</p>		
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HEAD START NOVEMBER LUNCH MENU 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Strips W.G. Crackers Green Beans Diced Peaches Milk
4 Mini Corn Dogs Baked Beans Diced Pears Milk	5 Spaghetti Garlic Bread Tossed Salad Milk	6 Boneless Chicken Wings W.G. Crackers French Fries Mandarin Oranges Milk	7 Round Pizza Veggie Sticks Banana Milk	8 NO SCHOOL
11 Bosco Sticks Marinara Sauce Mixed Vegetables Mixed Fruit Milk	12 Texas Straw Hat Refried Beans Lettuce & Tomato Sliced Apples Milk	13 Turkey & Gravy Over Mashed Potatoes Mandarin Oranges W.G Dinner Roll Milk	14 French Bread Pizza Tossed Salad Applesauce Milk	15 Chicken Tenders W.G. Crackers Green Beans Blueberries Milk
18 Cheeseburger French Fries Diced Pears Milk	19 Walking Taco Refried Beans Lettuce & Tomato Strawberry Cup Milk	20 Chicken Nuggets W.G. Cracker Corn Orange Wedges Milk	21 Macaroni & Cheese Peas Dinner Roll Diced Peaches Milk	22 EHS ½ day H.S Non Child Day Sub Sandwich Cucumbers Applesauce Cup Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

AVAILABLE DAILY

<p>Available Daily Sub sandwich, Chef salad, Uncrustable</p>	<p>ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILK</p>	
<p>KETCHUP, SALSA, FAT FREE SALAD DRESSINGS</p>	<p>FRESH FRUIT OFFERED WITH ALLMEALS DAILY</p>	<p>MENU SUBJECT TO CHANGE</p>
<p>BREAKFAST AND LUNCH WILL BE FREE TO ALL STUDENTS FOR SCHOOL YEAR 2024/2025</p>		<p>This institution is an equal opportunity provider</p>
<p>BREAKFAST SERVED EVERY MORNING</p>		